Risk assessment sheets for travel









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Provided as a service to medicine by

This trip

Potentially risky activities

Future travel plans

Previous and current medical history



Personal details							
Name:	Date of birth: Male [] Female []						
Easiest contact telephone n							
E mail: Dates of trip							
Date of departure							
Return date or overall length	n of trip						
Itinerary and purpose o	-						
Country to be visited		Length of stay		Away from medical help at destination, if so, how remote?			
1.							
2.							
Future travel plans							
Please tick as appropria	ate belov	v to best describe	your trip				
1. Type of trip	Busines	S	Pleasure	Other			
2. Holiday type	Package		Self organised	Backpacking			
	Camping		Cruise ship	Trekking			
3. Accommodation	Hotel		Relatives/family home	Other			
4. Travelling	Alone		With family/friend	In a group			
5. Staying in area which is	Urban		Rural	Altitude			
6. Planned activities	Safari		Adventure	Other			
Personal medical histor	ry						
Do you have any recent or past medical history of note? (including diabetes, heart or lung conditions)							
List any current or repeat medications							
Do you have any allergies for example to eggs, antibiotics, nuts?							
Have you ever had a serious reaction to a vaccine given to you before?							
Does having an injection make you feel faint?							
Do you or any close family members have epilepsy?							
Do you have any history or mental illness including depression or anxiety?							
Have you recently undergor	ne radiothe	erapy, chemotherapy	or steroid treatment?				
Women only: Are you preg	nant or pla	anning pregnancy or l	breastfeeding?				
Have you taken out travel insurance and if you have a medical condition, informed the insurance company about this?							
Please write below any further information which may be relevant							

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Vaccination history							
Have you ever had any of the following vaccinations / malaria tablets and if so when?							
Tetanus	Polio	Diphtheria					
Typhoid	Hepatitis A	Hepatitis B					
Meningitis	Yellow Fever	Influenza					
Rabies	Jap B Enceph	Tick Borne					
Other	i						
Malaria Tablets							
For discussion when risk assessment is performed within your appointment:							

I have no reason to think that I might be pregnant. I have received information on the risks and benefits of the vaccines recommended and have had the opportunity to ask questions. I consent to the vaccines being given.

Signed:		Date:		
FOR OFFICIAL USE				
Patient Name:				
Travel risk assessment pe	rformed	Yes[] No	[]	
Travel vaccines recom	mended	for this trip		
Disease protection	Yes	No	Further infor	mation
Hepatitis A				
Hepatitis B				
Typhoid				
Cholera				
Tetanus				
Diphtheria				
Polio				
Meningitis ACWY				
Yellow Fever				
Rabies				
Japanese B Encephalitis				
Other				
Travel advice and leaf	lets giver	h as per trav	el protocol	
Food water and personal hygiene advice		Travellers' diarrhoea		Hepatitis B and HIV
Insect bite prevention		Animal bites		Accidents
Insurance		Air travel		Sun and heat protection
Websites		Travel record supplied		
		Other		

Malaria prevention advice and malaria chemoprophylaxis						
Chloroquine and proguanil	Atovaquone + proguanil (Malarone)					
Chloroquine	Mefloquine					
Doxycycline	Malaria advice leaflet given					
Further information						
e.g. weight of child						
Signed by: Position:	Date:					